

Youth + Art = Resilience

Youth + Art = Resilience project is a project within the ERASMUS + program, strategic partnerships in the field of creativity. The call was published in response to the crisis associated with the COVID-19 pandemic. Through the project, Aspira Institute wishes to build a bridge between the currently most vulnerable target group – young people (indirectly the youth sector) and the sector that gives the most inspiration for resilience (art and culture).

At the moment, young people face a high risk of social exclusion and are only a step away from being pushed into one of the categories of young people with fewer opportunities by the current situation. Some categories are obvious, such as economic barriers, social and health problems, but what happens to other young people who are marginalized, such as people with disabilities and young migrants? Do they face even more difficult situations than ever before? Although we cannot solve economic and health barriers at once, we can ensure faster recovery, strength and hope for young people by giving them the opportunity for resilience, giving them a voice and visibility in society.

The aim of the project is to help young people with fewer opportunities find refuge and resilience in the arts.

Project results:

- Handbook of good practices in the field of youth empowerment in the field of art.
- Local exhibitions / events for young people with fewer opportunities
- Framework for a new project

In this publication you can find good practices (projects, programmes, workshops, festivals, etc.) that we, the project partners, have identified in our national contexts as practices that contribute to building resilience among young people to face the challenges of life, using different artistic tools.

The selected good practices are implemented by different organisations in the project partner countries (Slovenia, Italy, Serbia, Romania, Austria, Denmark and Spain). For each good practice, a web link is provided in the "resources" section, which will take you to the organisation or good practice where you can find more information.

Co-funded by the
Erasmus+ Programme
of the European Union



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Promoter

Associazione Uniamoci Onlus

Type

Workshop

Inclusive Choreography Workshop

Description and supporting evidence

"Diversamente in danza" uses inclusive contemporary dance techniques, especially DanceAbility, an international programme who promotes an inclusive dance and the importance of cooperation between performers and people with disabilities. They have founded their own company after many years of workshops and still organize laboratories to promote inclusive dance. The aim is to connect people with and without disabilities through dance and movement. This mission is accomplished through classes, workshops and events for adults and children. Inclusive choreography workshops aimed at all people who have an interest in dance, with the main purpose of proposing a dance course for disabled people in a dance school. At the same time, it wants to provide dancers without disabilities with the opportunity to confront different bodies and meet in the Other the limits that are within each of us.

The Association produces 5 performances per month, performing in different occasions and contexts, such as Schools, Assistance Centers, Cultural, artistic and social events. Since 2014, workshops of any level have been offered to. Thanks to the "Opificio delle Opportunità" project, 5 girls, 3 of whom with disabilities, were given the opportunity to participate in workshops with international dancers.

Benefits

- To develop new skills.
- To increase self esteem.
- To make new connections.
- To promote and to make a good integration with people with disabilities.
- To express themselves artistically to promote and create the effective integration of people with disabilities.

Field of Art

Dance

Resources

<http://www.diversamenteindanza.it/>
<https://it-it.facebook.com/diversamenteindanza/>

Keywords

- dance
- inclusion
- connection



Promoter

Associazione Uniamoci Onlus

Type

Project

In my Art - Inclusive Multicultural societies through Art

Description

Arte Migrante is a group which organizes weekly night's meetings open to everyone with the aim to make inclusion through different types of Art: music, poetry, dance and singing. Many students, migrants, homeless, workers and unemployed, young and old people are usually involved to those meetings.

There are several territorial groups active in various Italian cities, from north to south, and also in Zaragoza in Spain and in Cyprus. Arte Migrante, however, go beyond the traditional weekly meeting and it organizes laboratories, free day workshops open to all, to share skills and knowledge. "In my Art - Inclusive Multicultural societies through Art" is a European project that was born with the aim of encouraging young people to take part in social inclusion.

Migrant people have less opportunity to be involved in our society as active citizens, so the use of art gives more power, facilitates communication, especially in multiethnic context and stimulates self-confidence, self-esteem and creativity. It is a bridge between cultural differences.

Benefits

- To contribute to build open, diverse and intercultural communities in multi-ethnic contexts.
- To develop self-awareness, creativity and confidence.
- To have more possibilities for social inclusion making connections and new relationships.

Field of Art

Music, dance, singing

Resources

<https://www.artemigrante.eu/>
<https://www.facebook.com/ArteMigranteIT/?fref=ts>

Keywords

- inclusion
- connection
- dance
- theatre
- poetry



Promoter

Associazione Uniamoci Onlus

Type

Festival

Festival dell'Outsider Art e dell'Arte Irregolare

Description

Arte Irregolare is a project born in 2014 thanks to the collaboration between Nuovo Comitato Il Nobel per i disabili Onlus and Bologna's Department of Mental Health. From 2017, it started an annual exhibition, named Festival dell'Outsider Art e dell'Arte Irregolare, that involves artists from different parts of Italy. Its target is people with severe illnesses or psychiatric conditions, with mental health problems and/or marginalized by society. One of the defining characters of Arte Irregolare is therefore its aim to reduce suffering and to give a voice to everyone goes invisible.

It provides enhancement through a dedicated gallery in order to connect different ideas and skills, to give strength to existing art projects with people with fewer opportunities and to make new connections.

The initiative aims to contribute to the change in the current pattern of mental health and to develop wellness and opportunities for Mental Health's patients. The organization during those days also organize workshops with experts and theatre performances. The Festival's 2020 edition was online, but this year will be in Turin in October.

Benefits

- Possibilities of expression to those who live in suffering for mental health conditions.
- To overcome the social stigma.
- To experiment the opportunity to be known as complex person.
- To make new connections with other people in same condition.
- To develop a new sense of identity.

Field of Art

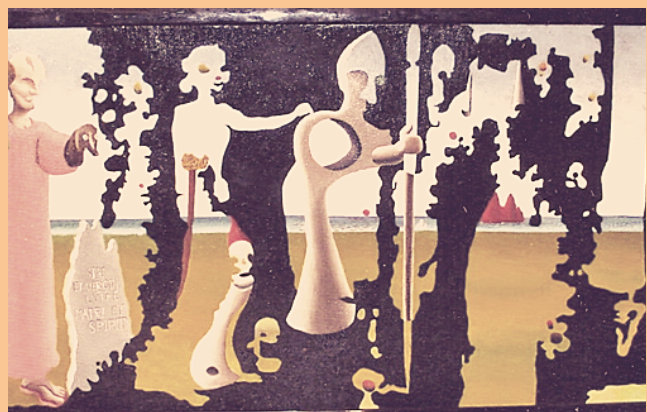
Painting and theatre

Resources

<https://www.arteirregolare.it/>
<https://www.facebook.com/FestivalOutsiderArt/>
<https://www.comitatonobeldisabili.it/>

Keywords

- give voice
- wellness
- opportunities
- festival
- reduce suffering



Promoter	Verein InterAktion	Type	Project
----------	--------------------	------	---------

“Tüffelbuch”

Description

Creative writing workshop and illustration based on the texts. Kateřina Černá led the writing workshop and Stanislaus Medan led the illustration workshop.

The workshops were designed as a play with the language, in which the participants were making different texts by playing with different words and concepts.

The illustration workshops were based on the texts and the young people from different parts of the world represented their wishes, ideas and personalities in graphic form with guidance from the workshop leader.

What it resulted in the end is a collective book with texts and illustrations made by young migrants from the compulsory education program.

The final book was created collaboratively with the participation of many people, authors, illustrators, designers and thinkers within the framework of the esf project Network ePSA.

Benefits

- Improving self-expression and creativity.
- Improving self-confidence.
- Discovering new passion.
- Contributing to a collective project.

Field of Art

Creative writing and illustration

Resources

https://www.kunstlabor-graz.at/jart/prj3/uni_t/data/uploads/dokumente/Tffelbuch_2019-05-08_1105376.pdf
https://www.uni-t.org/jart/prj3/uni_t/data/uploads/dokumente/uniT-Jahresbericht-2018-web_2021-02-08_230216.pdf

Keywords

- collaboration
- illustration
- creative writing



Promoter

Verein InterAktion

Type

Workshop

“Was geht?” - Trofaiach macht urlaub

Description

A series of objects for temporary use in public spaces developed by Helene Thümmel and Sandra Jovanovska with young people and families with migrant and refugee backgrounds in Trofaiach.

All the project modules offered were designed as invitations. An invitation to design freely, to develop creatively and to experience the alternative of public space. In the last phase, the following thematic bracket emerged: Trofaiach is on vacation. The young are on vacation, a lot of people are leaving - what could pictures and objects look like that bring that vacation feeling to Trofaiach?

A pool of partly reused materials was created: cardboard and plastic scraps, fragments of writing, stencils - supplemented by adhesive films, paints, markers and much more. The interior and exterior of the JUZ became a real art workshop for a few days, where anyone who wanted to could draw on the full and give free rein to their creative will.

A boat and an airplane made of cardboard, a colorful parasol, a two-dimensional ice cream cone, a flat screen, a pair of flashy shoes, a lot of abstract shapes, colorful signs, etc. It was about trying out what is possible with these objects in public space and how to do it our image of Trofaiach changed through these simple interventions.

Benefits

- Meeting and interacting with the locals.
- Improve the active inclusion of refugees.
- Creating art together with local artists.
- Getting involved in the local community by creating art.
- Improving their communication skills and self-expression.

Field of Art

Painting and crafts

Resources

https://www.kleinezeitung.at/steiermark/leoben/5284299/Trofaiach_Jugend-und-ihre-Kunstobjekte?fbclid=IwAR1Zt7q1N-Q5B9m-SVuatGNzYd-XcV1St61AsHoe0DpkOcYJftknldSEy6c
<https://wasgeht.mur.at/orte/trofaiach/>

Keywords

- collaboration
- community
- creating art
- skills
- self-expression



Promoter

Verein InterAktion

Type

Workshop

“The magic carpet - please stay in Vienna”

Description

Young people have created an exhibition for the Wien Museum based on the tale of the flying carpet from the Arabian Nights. The works of the young adults, who fled via various routes, are about Vienna as their current center of life.

In the workshop led by Laleh Monsef and Rahman Hawy, the young people met once a week for two hours. It was a place for them to come to rest and reflect on their life stories through artistic means.

They show us places that remind them of their original home and places where they like to meet today. They juxtapose this "institutional" representation with their installation, which addresses the reality of flight and the experience of being a stranger in Vienna.

Not all young people will be allowed to stay in Vienna. That the flying carpet remains in Vienna is their wish.

Benefits

- Improving teamwork and collaboration skills.
- Enhancing creativity.
- improve the active inclusion of refugees.
- Making the youngster feel that they are contributing to something bigger.
- Improving their communication skills and self-expression.

Field of Art

Painting

Resources

<https://www.wienmuseum.at/de/ausstellungen/archiv/der-fliegende-teppich-bitte-bleib-in-wien>

Keywords

- creativity
- collaboration
- community
- contribution
- skills



Promoter	ESPACIO ROJO	Type	Program
----------	--------------	------	---------

No More Excuses

Description

Espacio Rojo, a non-profit entity, carried out for 6 months between November 2015-May 2016, different training activities for young people to end up a nationwide campaign to raise awareness against drug use from scratch:

- A photography workshop by Carina Moreira,
- A tattoos workshop by Patricia Ramos Oteo,
- A radio workshop by Jesús Hernando Buendía,
- Social Media networks workshop with Fernando Rubio Ahumada,
- Creation of web pages in a WordPress environment and online content and coordination by Espacio Rojo with Alberto Vazquez, as well as production of the video campaign.

Program aimed to train and empower young people who have experienced the drug problem to carry out a nationwide campaign to raise awareness against drug use from scratch. Throughout several workshops, the participants did create the nationwide campaign: From the idea, message, the creation of a website and its management, the photographs of the final poster to the making of the spot and its subsequent dissemination on social networks. Campaign was made by young people for young people.

Benefits

- Prevention of health problems and drug abuse.
- Develop self-esteem.
- Resilience toward life challenges.

Field of Art

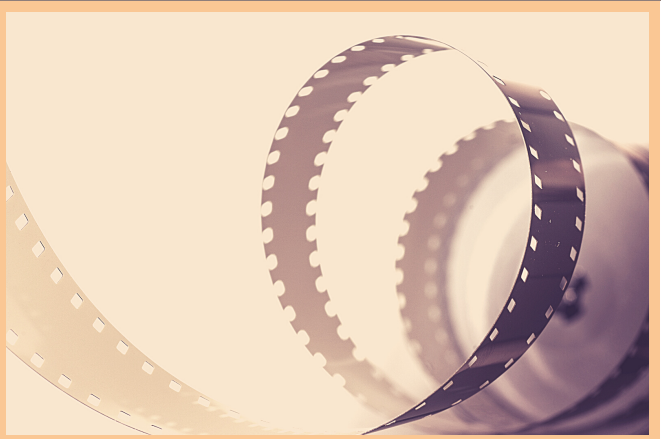
Photography, video, audio, drawing

Resources

<https://vimeo.com/206026507>
https://soundcloud.com/espacio-rojo/sets/no-m-s-excusas?utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing
<http://nomasexcusas.asociacioncauces.org/>

Keywords

- prevention
- campaign
- youth work
- resilience



Promoter	ESPACIO ROJO	Type	Festival
----------	--------------	------	----------

Biennial of Contemporary Art at Museum Day 2019

Description

The Biennial of Contemporary Art is an ambitious project whose primary objective is to recognize and disseminate the work of artists with some type of disability or of those who find their inspiration in disability.

It's mission is to achieve the two fundamental objectives of the ONCE Foundation:

- **EMPLOYMENT:** access of artists with disabilities to the Art market circuit, thus achieving their social inclusion and labor insertion.
- **ACCESSIBILITY:** accessible culture for all working from different fields of action: on the one hand, universal accessibility and, on the other, the fact of being able to enjoy culture on equal terms.

Culture, both from the perspective of artistic creation, and from the enjoyment of the works made by others, should be accessible to all those people with disabilities who intend to develop their abilities and hobbies.

Benefits

Carrying out work integration programs - training and employment for people with disabilities - and universal accessibility, promoting the creation of globally accessible environments, products and services.

Field of Art

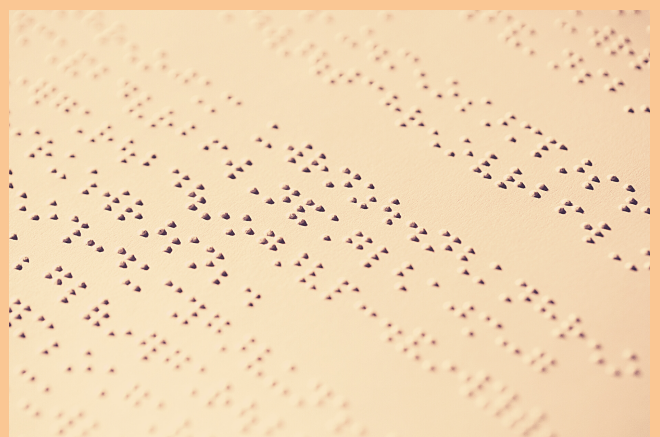
Different fields

Resources

ONCE FOUNDATION (National Organization of the Blind)
<https://bienal.fundaciononce.es/>

Keywords

- accessibility
- inclusion
- artists with disabilities



Promoter	Asociatia CPDIS	Type	Project
----------	-----------------	------	---------

Everything counts !

Description

The need to belong to a group, the need for self-esteem and respect for others is also present in these people who need to be educated and supported to face challenges of all kinds from members of the community to which they belong. Encouraging them to express themselves and showing them how to do this, revealing to them those artistic skills that each has and capitalizing on them makes it easier for them to integrate into society and at the same time society will be able to accept them without reservation.

They implemented artistic activities, self-knowledge and personal development, which were also the basic elements of the project activities, in order to integrate and rehabilitate at a psycho-social level. They used non-formal methods that promoted the idea of seeing in these young people ability and not disability.

The main goal was to increase the chances of integrating young people with intellectual disabilities into society.

Benefits

- Improving the personal development methods of 16 young people with intellectual disabilities in a period of 8 days.
- Acquisition of independent living skills of 16 young people with intellectual disabilities in a period of 8 days.

Field of Art

Dance, theatre,
painting

Resources

<https://downactivmoldova.com/proiecte/>
<https://ec.europa.eu/programmes/erasmus-plus/projects/eplu-project-details/#project/2020-2-RO01-KA105-080813>
<https://docs.google.com/presentation/d/1GsYDaOS1owv7fAgV71prAmtuOygKPajP/edit?copiedFromTrash#slide=id.p8>
<https://www.youtube.com/watch?v=9rsBK3VQIWQ>
<https://www.youtube.com/watch?v=3acbmH5c7bU>

Keywords

- personal development
- skills for independent living
- youth



Promoter

Asociatia CPDIS

Type

Workshops

ConnectIN' ART

Description

The ConnectIN ART! aims to stimulate creativity, to increase young people's interest in cultural and artistic activities, aiming at developing their entrepreneurial potential, at a time when handicrafts are in high demand, and their financial resources and practical examples are limited.

During the 4 months of activities, the Association (Asociatia de Tineret Onesti) improved the degree of access to culture through the participation, education and training in the field of visual arts of 150 minors and young people from Onesti, involving in the project activities a disadvantaged social category, 5 orphans Victorine le Dieux Association and 15 young people hospitalized in the Tg. Ocna.

The ConnectIN'ART project! started on July 11, 2016 with the Promotion Campaign, at the headquarters of the Association, where a Press Conference took place, followed by the participation of the project team in the Connect FM show on July 12.

<https://www.onestin.ro/activitate/connectin-art/>

Benefits

Improved the degree of access to culture through the participation, education and training in the field of visual arts.

Field of Art

Painting

Resources

<https://www.onestin.ro/activitate/connectin-art/>
<https://www.onestin.ro/2016/conectin-art-un-nou-proiect-al-asociaiei-de-tineret-onestin-finanat-de-consiliul-judeean-bacu/>
<https://www.onestin.ro/2016/initiere-arta-pirogravurii/>
<https://www.onestin.ro/2016/workshop-de-pictura-si-arta-decorativa/>

Keywords

- entrepreneurs
- reintegration
- art
- stimulate creativity



Promoter	GAIA
----------	------

Type	Foundation
------	------------

GLAD

Description

Glad provides products and services in media, culture, design, cuisine, service and education. All companies are based on close cooperation between people with and without disabilities. We believe that people with different abilities are an asset that can make the society we live in richer, happier and more inspiring.

With 320 employees and 150 students, Glad is one of Denmark's largest socio-economic companies. They have local branches in Copenhagen, Aarhus, Esbjerg, Aabenraa, Vejen and Ringsted.

In addition to their own companies, they enter into partnerships with companies and other actors that can help spread their business idea.

It all began on June 29, 1999, when TV-Glad went on the air as the world's first TV station for and with the mentally handicapped. Since then, they have expanded with other business areas.

The starting point in 1999 was freedom of expression. Today they work with inclusion in a broader sense through education and employment.

Benefits

- A workplace for people with special needs.

Field of Art

TV, Theatre, Radio

Resources

- <http://www.tv-glad.dk/>
- <https://www.gladteater.dk/>

Keywords

- employment
- reintegration
- TV, radio, theatre
- stimulate inclusion
- mental health



Promoter	GAIA	Type	School/activity
----------	------	------	-----------------

Kofoeds Skole

Description

At Kofoed's School, we help socially disadvantaged people to help themselves and a better life. Help for self-help, we call it.

Since 1928, Kofoed's School has existed as a place where unemployed and socially disadvantaged people could come and receive support and the offer of an active everyday life.

The school was started by choir director Hans Christian Kofoed at Christianshavn. Until his death in 1952, he had helped approx. 50,000 people for a better life.

We call ourselves a school because we are a place where one learns. Everyone who comes to Kofoed's School is therefore a student. It is the school's belief that every human being rejoices and grows when given the opportunity to create and take responsibility for his or her own life.

In the school's workshops, students collaborate with pedagogical staff on a common goal and thereby gain new competencies.

Every day, more than 600 students come to the school's departments in Copenhagen and Jutland. In addition to Copenhagen, Kofoed's School has a department in Aarhus, Aalborg and Nuuk and subsidiaries in 9 Eastern and Central European countries.

Benefits

Help for self-help though meaningful daily activities and supporting network.

Field of Art

Media, design, arts and crafts

Resources

<https://menneskermedmere.dk/omos/>
<http://menneskermedmere.dk/vorestilbud/vaerksteder/>

Keywords

- unemployed
- social disadvantage
- media, design, arts and crafts
- stimulate inclusion



Promoter	GAIA
----------	------

Type	Festival
------	----------

Sølund festivalen

Description

Sølund Music Festival is the world's largest festival for people with learning disabilities, and has a purpose that is very close to the village of Sølund to give people with developmental disabilities throughout Denmark, and the world, the opportunity for cultural and social gatherings together with their companions and/or relatives.

In addition, the festival also works to provide financial support for activities in associations, foundations, institutions, etc., whose funds advantageously have a charitable purpose for a larger circle of people.

With this target group and this purpose, Sølund Music Festival's presence in the Village Sølund area can seem a matter of course, and many of our residents also participate with great pleasure in the festival.

The village of Sølund is a dynamic and open place, where we work with reverse integration by bringing culture, experiences and the outside world within our framework. Sølund Music Festival supports this work, which is why the village of Sølund adds areas before (the preparation weeks) and during the festival.

The festival runs from 2nd Thursday in June and lasts 3 days.

Benefits

Music and social life for people with special needs.

Field of Art

Music, Performance

Resources

<https://solundfestivalen.dk/>

Keywords

- social&cultural gathering
- music
- performance
- disabilities



Promoter	FORCA
----------	-------

Type	Film
------	------

RESTART

a story about a man who put off the moment of his own awakening

Description

Restart is a story about Darko Babic, a painter from Pozega who spent more than 10 years isolated from all social activities and passive about his own creativity. It is a story about a man who society expected nothing from, a man who stopped expecting anything from others and a man who seemed devoid of all personal expectations.

Restart is not a story about a disease. The disease is perceptible as a metaphor for human passivity, inability to think, speak or work in accordance with one's needs. It is a metaphor for a conscious personal and collective self-isolation and marginalization.

Restart is a film about persistence, enormous physical efforts, but also about Darko Babic's decision to search for his inner self in a most sincere and honest way possible and start a new chapter both of his artistic creation and his life as well.

Restart is a story about finding a new meaning in life and fresh motivation through communicating in the language of visual arts with the children and young people with different disorders. It is about their synergy and mutual exposure in public; about breaking down the barriers of prejudices and regaining dignity; about the force of pure emotions only children are capable of, being direct and open to experiment; about friendship and love, and importance of the goal we tend to achieve and each and every step we therefore need to take."

Benefits

- Persistence.
- Finding a new meaning in life.
- Motivation.
- Fresh motivation through communicating in the language of visual arts with the children and young people with different disorders.

Field of Art

Film

Resources

- http://www.film-art.org/restart/html/eng_kontakt.html
- http://www.film-art.org/restart/press/materijali/eng_restart_press_kit.pdf

Keywords

- motivation
- awakening
- overcoming isolation
- regaining dignity
- braking down prejudices



Promoter	FORCA	Type	Project
----------	-------	------	---------

EHO

Field work with children at risk of being involved in life and / or work on the street

Description

The project "Field work with children at risk of being involved in life and / or work on the street", the Ecumenical Humanitarian Organization from Novi Sad has been implementing since 2009 with the support of H. Stepic CEE Foundation.

Through the project, volunteers of various educational profiles provide support to children and young people who are in danger of the street becoming a major factor in their identification due to difficult life circumstances. In addition to the organization of creative and educational workshops, support is also reflected in the implementation of the model of support to families in the transition from preschool to school environment.

From the beginning of the project, in November 2009 until June 2021, 983 beneficiaries (children, youth and their families) were supported. The exhibition of children's art works entitled "Life from our perspective" and the screening of the film Urban Desert is the result of work during 2020 and a mirror of the long-term work of the project team. The importance of direct contact, realization of workshops, direct support in the field and within the institutions that children and young people attend, was shown at the event organized by the premiere of the documentary film in October 2020.

Benefits

- Reduce the number of those who see the street as a major factor in own formation.
- Increase the number of people involved in regular social and educational activities.
- Support children and young people at risk Targeted young people who form strong links with public spaces (i.e. street).

Field of Art

Visual art

Resources

<https://ehons.org/en/civil-society/65/2020/09/17/field-work-with-children-involved-in-life-and--or-work-on-street.html>
<http://media.rtv.rs/sektor-plus/>
<https://novosadska.tv/vest.php?id=61110>
<https://www.dnevnik.rs/novi-sad/izlozba-decijih-radova-zivot-iz-nase-perspektive-24-10-2020>
<https://media.rtv.rs/rom/kulturako-aresipe/60692>
<https://www.youtube.com/watch?v=SEf8Uy6XvXE>

Keywords

- street work
- youth at risk
- artistic workshops
- education



Promoter	FORCA	Type	Project
----------	-------	------	---------

"A month of my life"
photo exhibition by children and youth without parental care

Description

CEPORA – Center for Positive Youth Development is a CSO from Belgrade, Serbia, working for a decade now on enhancing social and emotional development of children and youth through applying contemporary prevention science knowledge.

In 2018 they implemented the project "A month of my life" for the first time, where three groups of young people from institutions for children without parental care participated in photography workshops (over 30 young people), after which they photographed for a month different places, people and objects that are important for them and that paint their world. After this, through photo voice technique, all photos were accompanied by testimonies of the authors.

An exhibition of photographs, prepared in a polaroid format on a printed foam accompanied by stories that brought visitors closer to their world, their experience, their view and their wishes, was organized twice for the public. The authors, children and young people without parental care were the hosts of the exhibits and were able to discuss their art with the visitors.

Through the exhibitions, the visitors were able to see the world through the eyes of these children and young people and to get to know them better. Also, they could take home with them the photos they chose.

Benefits

- Improve emotional and social development of children and youth.
- Support in the independence of young people without parental care.
- Strengthening positive identity
- Foster communication.
- Empowerment.
- Prevention of conflict situations.
- Personal strengths.

Field of Art

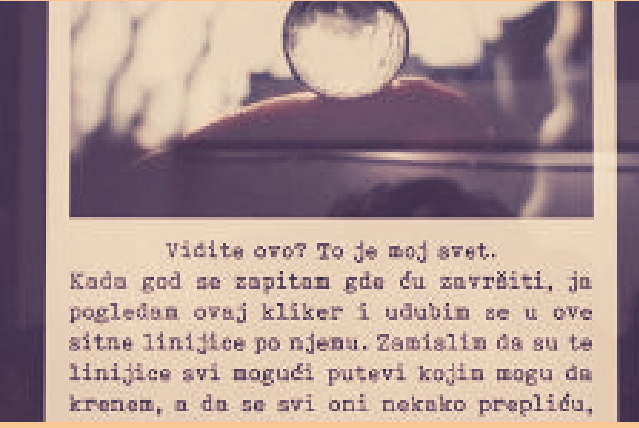
Photography

Resources

<https://cepora.org/en/>

Keywords

- children and youth without parental care
- commitment
- attachment



Promoter	ASPIRA	Type	Project
----------	--------	------	---------

Play with me

Description

We say the words 'Play with me' when we want to play with someone.

The events that take place during the International Festival Year 'Play with Me' also invite people of different ages, genders, from different countries, those with and without disabilities to play. Everyone is invited to play.

The International Festival Year 'Play with Me' includes a variety of events:

- International Festival 'Play with Me'
- Be an Athlete - International Sports and Social Event 'Play with Me'
- Be an Artist - International cultural and artistic event 'Play with Me' with an art competition and a travelling exhibition
- Be a Traveller - experiential pedagogy events

What does the word 'international' mean?

Many people from other countries attend 'Play with me' events, which gives them an international flavour. The activities are organised by two main organisers, the Janez Levec Centre Ljubljana and the Association for a Culture of Inclusion (Center Janeza Levca Ljubljana ter Društvo za kulturo inkluzije). A large number of kindergartens, schools, institutions, various organisations and individuals take part in each event.

Benefits

- With the 'Play with Me' events, the organisers are making inclusion a reality for all people, regardless of their diversity.
- Activities promote the inclusion of people of different ages, genders, from different countries, those with disabilities and those without.

Field of Art

Painting

Resources

<https://igrajsezmano.eu/onas/>
 Photo credit: <https://igrajsezmano.eu/galerija/>

Keywords

- inclusion
- art, sport, nature
- international



Promoter ASPIRA

Type Project

Kinetic youth move to grow

Description

“The project “Kinetic youth-move to grow” was a training for youth workers in the field of developing kinetic intelligence in youth work. With the project, we wanted to open the topic of using the model of multi-intelligence in youth work, so we started first with the research of kinetic intelligence. We firmly believe that active individual learning and creative expression lead to critical thinking and that creativity is very strong tool for self-awareness and finding the authentic self that responds to the needs of young people during adolescence.

The aim of the project was to combine the power of dance and youth work and to improve the methodology for working with young people through dance and movement, which will help develop kinesthetic intelligence and consequently support critical thinking in young people. With the help of training methods, trained youth workers created conditions for the active participation of young people in learning processes where they will use the methods of dance and movement to support young people in developing their creativity and critical thinking.

Objectives:
-Train 27 youth workers and leaders with dance and movement methodology.
-Increasing public awareness of the importance of the development of kinesthetic intelligence in young people through dance and the movement it has on the development creativity and critical thinking.

Benefits

- Dance and movement method effectively develops critical thinking among young people.
- Involving more young people in the activities of youth organisations.
- Fostering multi-intelligence in young people.

Field of Art

Dance

Resources

<https://aspira.si/kinetic-youth-move-to-grow/>

Keywords

- kinesthetic intelligence
- dance and movement
- training for youth workers



Promoter	ASPIRA
----------	--------

Type	Project
------	---------

My story begins...

Description

“My story begins” project is a one-year small partnership project prepared by Aspira in cooperation with partners from Slovenia (Solsticij, Institute for Cultural Activities, Ljubljana) and Spain (Espacio Rojo and Mad for Europe). Through this project, we unite the youth and cultural sectors in the development of a methodology for working with young people in the field of documentary film.

Our goals are:

- Develop and disseminate a methodology that will equip youth workers with knowledge of the documentary film process as a medium for working with young people.
- Involve young people directly in the whole process of making a documentary.
- Extend the positive effects of cross-sectoral cooperation, thus enabling their contribution to promoting solidarity.

The activities are including the development of methodology and thus tools and knowledge on how to organize workshops for young people in the field of documentaries. We are conducting local / national workshops on documentary filmmaking, with the participation of 10 young people in each partner country (young people with fewer opportunities). We are conducting international training for 8 youth workers on the use of documentary film in youth work, based on our developed methodology, and implement the final dissemination events of the project in both countries.

Benefits

- Using the methodology of the documentary film in youth work.
- Building resilience in young people.
- Cooperation between cultural and youth sector.

Field of Art

Film

Resources

<https://aspira.si/en/projects/>

Keywords

- documentary film
- youth work
- cultural sector
- youth sector
- youth with fewer opportunities



PARTNERS:

- ASPIRA, Slovenia
- ESPACIO ROJO, Spain
- FORCA, Serbia
- CPDIS, Romania
- GAIA, Denmark
- ONLUS, Italy
- INTERAKTION VEREIN, Austria

<https://www.facebook.com/interaktionverein>



Co-funded by the
Erasmus+ Programme
of the European Union



DISCLAIMER: The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.